



# The Progression

VOLUME 5 NUMBER 5

## COVER STORY

### Canadian Progress Club, Calgary North Awards Night

**“It’s Great To Be a Canadian / Soyons Fiers d’être Canadien”**

#### **The Canadian Progress Club**

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Calgary North held a special meeting with members, spouses and invited guests on June 8, 2006. The highlights of the evening were the following:

- Presenting a cheque to Big Brothers Big Sisters of Calgary for \$60,661
- Report on the Larry Burney Memorial Fund
- Awards presentation to our Progressian of the Year, New Progressian and Rookie of the Year
- Inducting two new members and re-inducting a former member

Sharon Moore, Executive Director of Big Brothers Big Sisters of Calgary, spoke thanking us for taking kids on the waiting list to football and baseball games, organizing the Christmas party and for our continued financial support. She wished to thank our club and the other clubs in Calgary who provide over 40% of the funding for the program.

The Little Brother of the Year, Eric, and his Big Brother, Kurt

Gibb, spoke to us on the activities, fun and personal growth they have shared since being matched.

The Larry Burney Memorial Fund was established after the untimely death of our President on May 26, 2006. Numerous individuals made contributions to the Fund after the funeral. At the Western Region convention the Sergeant-at-Arms fines were contributed to the Fund and all clubs made commitments to also contribute. To date we have over \$4,000 in the Fund. At the Big Brothers Big Sisters Christmas party Larry met a Little Brother with major visible physical challenges. Larry took a special interest in this exuberant young boy and wanted to help. This is what Larry was working on before his death. The Fund will be use to help this boy, with his mother’s permission. Liz Burney, Larry’s wife, praised the club for con-



Past Natioanl President Wolfgang Juchem inducting new members Jeff Gabert, Jody Fireman and Larry Trockstad

## Editorial

As we prepare for the National Convention in St. John's, it reminds us that summer is fast coming to a close. The days are getting shorter and it is definitely cooler in the evenings here in Calgary. Members who are travelling to St. John's this year will definitely notice an increased security presence if they travel by air. New restrictions on items allowed in carry on luggage will be in effect and members are advised to read up and follow the guidelines so that they won't face undue delays. Air travellers will not be allowed to carry liquids, gels or aerosols in their carry on luggage. More information is available at [www.catsa-acsta.gc.ca](http://www.catsa-acsta.gc.ca).

Once in Newfoundland, I am sure that the boys from St. John's are going to show everyone that the "Rock" really rocks! There are some great activities and seminars planned for convention and members

should plan accordingly. There are a slate of positions that will be filled at National and I would like to take this opportunity to thank all of the board members who are leaving for their work and dedication over the period of their term. The Canadian Progress Club National Board are a dedicated group of people working hard to ensure that the organization and its members remains one of the top service clubs in the country. Their time and effort provides the drive to ensure the success today and in the future. On a more personal note, I would like to say: "Thanks Bob for one hell of a job this year!"

See you in St. John's.

Gary Nakamura  
Progression Editor



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## The Progression



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Words and pictures for the  
next edition are due  
**October 15th, 2006**

Large format jpgs are preferred  
for pictures.

Email submissions to:  
[peripheralgroup@shaw.ca](mailto:peripheralgroup@shaw.ca)

# Cover Story

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tinuing the work he had started. Larry was proud to be a Progression and Liz thanked us for carrying on his name.

We presented awards to the following:

- |                                |                      |
|--------------------------------|----------------------|
| <i>Progression of the Year</i> | <i>Bill Brown</i>    |
| <i>New Progression</i>         | <i>Jeff Alderman</i> |
| <i>Rookie of the Year</i>      | <i>Tim Rogers</i>    |

Past National President Wolfgang Juchem inducted our new members, Jody Fireman and Jeff Gabert, and re-inducted former member Larry Trockstad. This brings our active membership back to 15 members.

*Submitted by Wayne Evans  
Past President, Calgary North*



Jeff Alderman receiving New Progression Award from National President Bob Lockhart



Bill Brown receiving Progression of the Year Award from National President Bob Lockhart



Sharon Moore from Big Brothers and Big Sisters of Calgary and Area accepting cheque from Calgary North

## Erratum



In the June issue of the Progression, in the Eastern Regional Convention, **Halifax Cornwallis**, and not Halifax, received 3 of 5 awards given out; and the photo that states “Crystal Eagan receives Progression of the Year award” is actually Halifax Cornwallis President **Patty Baxter** accepting Regional Club of the Year Award from Eastern Region VP **Doug Baker**. Our apologies to those affected.

# Message from the President



It is hard to believe that almost a year has gone by since I assumed the position of National President. As I stated when I assumed the position in Saskatoon, my primary focus this year would be on membership. I want to thank the Regional Vice Presidents and Zone Governors for accepting the challenge to increase the number of new members in their Regions.

The results have been fantastic. Membership is up in all Regions, with a net increase of 14% overall. Four clubs have increased membership by over 50%, which is an incredible accomplishment. The greatest

increases have come from the clubs who hold new member recruitment nights.

The National Board will continue to concentrate on membership growth, in conjunction with member retention and education. Charter investigations have been initiated across the country, with a number of communities and cities identified. In some cases, preliminary meetings have already been held with interested parties.

One of the highlights of my year as National President will be to induct the members of a new ladies club in Edmonton, who are being chartered by the St. Albert's men's club. They are a group of dynamic, highly dedicated women who are anxious to serve the needs in their community. On September 6th 2006, we will officially welcome Canadian Progress Club SILKS into the Progress family.

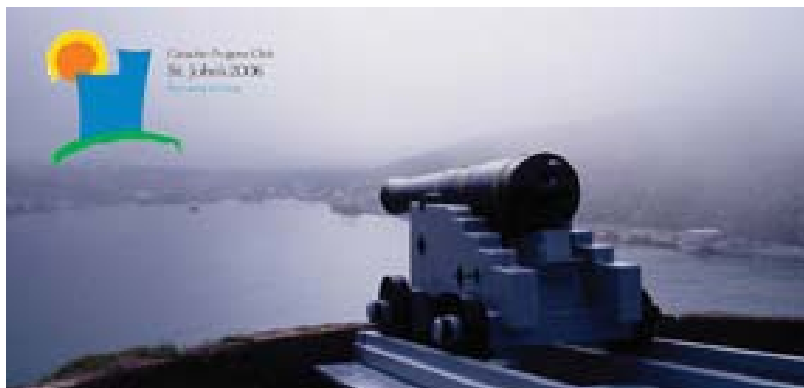
Throughout the year, the

National Board has worked diligently to produce some of the educational tools promised in Saskatoon. All club presidents have received the Club Management Manual, a New Members Video in DVD format and the Charter Handbook.

In closing, I would like to thank the members of the National Board and all the members across Canada for their incredible support. The year has been an exciting and rewarding. The kindness, generosity and hospitality that members have shown me as I traveled throughout the Regions this year have made it one of the most memorable experiences in my life, one I will never forget.

I look forward to seeing many of you at the National Convention in St. John's in September.

*Yours for Progress  
Bob Lockhart*



# Hello to my Fellow Progressians

I can say that now, as I became a member on June 22, 2006. I was inducted at our annual Awards Dinner, along with Ashley Kurkowski, B.J. Paulucci, and Sue Tursmette. We are all now proud members of CPC Calgary Wild Rose. The club inducted a total of 9 members this year, and we have 5 pre members. Our dinner was held at Bow Valley Catering and was a smashing success, with awards going to Myra Skerrett (Outstanding Member), Cari McLaughlan (Mentor Award),

Myra Skerrett, Robin Waldo, Donna Berthelet (Community Service). Our club engages in community service, or as we call it, a Realty Check every month. Other business conducted at the dinner was the presentation of a cheque to REACH in the amount of \$23,000.00. REACH is a joint fundraiser initiative of the Calgary Health Region and the University of Calgary. These funds were allocated towards a two year pilot project aimed at providing support to those who are considered at a

high risk for developing breast cancer. On behalf of our club, I would like to thank Bow River and Stampede City members for attending our dinner. It was great meeting everyone! I have thoroughly enjoyed my involvement with CPC Calgary Wild Rose thus far, and look forward to next year, as we continue our efforts to support and inspire our community.

*Submitted by  
Susan Meyers*



# People and Events from Regina Wascana



During Buffalo Days in Regina, Mieke Gibson and Ingrid Ruud from Regina Wascana, dressed in Buffalo Days costumes, took part in the 2nd Annual Electric Light Parade. The float was decorated to promote our major fundraiser – Festival of Trees.



Ingrid Ruud & Karen Graham at Relay For Life. Twelve members from Regina Wascana assisted in hosing in the Survivors' Tent.

## Calgary North and Junior Chamber International

On June 1, 2006, Calgary North with JCI (Junior Chamber International) and the Chamber of Commerce co-sponsored the Outstanding Young Calgarian Awards Gala.

Phil Psaltis and Darryl Holmes represented Calgary North as they presented the award to Ryan Correy.

Awards were presented to young Calgarians in several different categories which included Innovation Category, Contribution or Service to Humanity Category, Leadership Category and Achievement Category. As a co-sponsor of the evening, Calgary North was also asked to present an award to Ryan in the Contribution Category.

During the award presentation, we were given the opportunity to speak about Progress and touch on some of the great fundraising successes of Calgary North and all of Progress in Calgary.

We were very proud to present the Contribution Award to 23 year old Ryan Correy. Ryan turned his passion for cycling into fund raising venture for the "Make a Wish Foundation". To do this, he simply cycled from Alaska to the tip of South America. That's about 22,000 kilometres that he did in 131 days. Lance Armstrong has nothing on this kid.

After the Awards Presentation,

the President of the Chamber of Commerce and other notables were very curious to learn more about our organization. Some great contacts were made during the evening that should help expand awareness of Progress both in the business and fund raising communities. Both Darryl and Phil came away from the event considering it a valuable experience for both the club and the recipient.

For more information on Ryan Correy, go to his website: <http://www.ryansdream.com>

*Submitted by  
Phil Psaltis*

## Central Region AGM and Awards



Central Region Award Winners

Central Region had our Annual General Meeting Saturday June 10, 2006, hosted by Durham Region Women. Lunch was provided and served by Durham South, with the assistance of their chief chef Bill Sornberger. First order of business was the induction of three new members with Durham Region Women. Welcome to the Canadian Progress Club Debbie Adams, Kisho Umar, and Louise Guertin-Micallef! In addition to the regular regional business at the AGM, a workshop was presented on membership growth and what is needed to attract new Canadians into our organization. The results were presented to our National Board at it's meeting in June in Calgary for new membership. Thanks to Zone Governor's Tony Maisano (Ontario North) and Rick

Phillips (Ontario South) whom were instrumental in assisting with this project.

Central Region elected and welcomes Larry Fenske, Mal Simms, and Tony Maisano as our new CPCF Zone Governor's. We look forward to their assistance to clubs on behalf of the Foundation.

Regional Awards were presented to: Min Nishino Award – Toronto Downtown, Fellowship Award – Toronto Trillium, George Christie Award – Alwyn McAllen, Ernest Shand Award – John Holman, Outstanding New Member – Devon Poole (Durham South), Right Hand of Progress – Renate Thompson, Progression of the Year – Sharon Milton, Club of the Year – Brampton, Special thanks to Mary Kutarna for assisting as Awards Chair

for Central Region.

Congratulations to Durham Region Women whom were recognized by the City of Pickering in May 2006, as the Service Club of the Year. This Citation was presented to club members at a formal awards ceremony at city hall by the City of Pickering Mayor. Also, Durham Region Ladies had their newest member Kisho Umar recognized as an Outstanding Community Volunteer. Congratulations Ladies on such a great award and recognition! The St. John's Convention is weeks away. I look forward to seeing club members who can make it there!

*Yours for Progress*  
*John Holman*  
*National Vice President*  
*Central Region*



## Canadian Progress Charitable Foundation



Here we are at the end of another year. Where has the time gone? Convention is just days away and I know it will be one that we will all remember. I do look forward to seeing everyone there.

This past year has been another interesting and challenging year. I continue to be amazed and delighted at the commitment and dedication of many of my fellow Progressians. Their commitment and passion for the cause is evident, not only to fund, but also by the dedication of their personal time with hands on service. My special thanks to each and every one of you for helping make the lives of those less fortunate better.

At convention this year a number of “old timers” on the CPCF Board will be leaving the board. John Nunn, a 9-year board member, Margaret French, 6 years, Bruce Man-

sour, 6 years and Barbara Ennis who left earlier this year due to a long term commitment out of the country. To all of you, my sincerest thanks for all your hard work and dedication. I appreciate the commitment you have made to this Board over the past several years.

A warm welcome to Ron Lloyd, Pacific Region; Chris Moffat, Western Region; Mel Simms and Larry Fenske, Central Region and Dave Edgecombe, Eastern Region. This is the start of a very exciting term for you and I know with the expertise already there and the new board members, we are in for an exciting future for the Foundation.

I too will be leaving the Board after 9 years and I would like to thank Rosalie Courage, Al Gordon and Janet Merrick for their counsel and support during my term as Chair. Your mentorship and support has been invaluable. I thank you for the opportunity of working hand in hand with you.

As usual at convention, we will have a silent auction room. We are asking all clubs to once again support this venture with a donation. We also will have a chosen few live auction items at the CPCF luncheon

on Friday and I challenge all of the clubs to come up with something unique for the selection committee to choose from. We had a great time last year with the “peein’ on the prairies” photo and we are looking forward to receiving another unique item. Please submit your donation at the silent auction room upon your arrival to St. John’s. We appreciate the clubs’ support of this fundraising event for the Foundation.

see you in St. John’s!

*Yours for Progress,  
Janey Davies  
Foundation Chair*



# Regina Assiniboine wins 2 Regional Awards



At the Great Plains Regional Annual General Meeting in Saskatoon, May 17, I gladly accepted the FELLOWSHIP AWARD and CLUB OF THE YEAR AWARD on behalf of all our members. It was very exciting and a great surprise as there were several worthy clubs of this honour.

Congrats to each of you! Through your efforts our community is a better place for all.

*Submitted by  
Tammy Slugoski*



# Another Successful Champagne Classic



This ladies only golf event held at Tor Hill was sold out two weeks in advance with a waiting list established. Not only did the ladies enjoy many complimentary incentives; the beautiful Anne McLellan dipping bowls full of candy and

nicely wrapped courtesy of Avanti Office Products, Allium Purple Balls from Fresh & Green Flowers courtesy of AON Consulting, cookies from Walnuts Catering, they also enjoyed a beautiful sun filled afternoon of golf and fellow-

ship. Our two large sponsors Casinos Regina and Moose Jaw (reception sponsor) and Lite 92fm (media sponsor) were on hand to assist Gabrielle Miller, Lacey from Corner Gas, with the evening program festivities.

Thanks to the organizing committee, additional volunteers, golfers and our sponsors the CPC Regina Assiniboine was able to raise over \$25,000 for the Pediatrics Unit at the Regina General Hospital.

*Submitted by  
Denise Brotzel*

*The Canadian Progress Charitable Foundation*  
Silent Auction Committee is asking clubs to:

Please remember to support the Foundation's Silent Auction  
at the National Convention in St. John's.

Please present your donation at the silent auction room  
upon your arrival.

Remember, when at convention visit the silent auction room and

**BID HIGH**  
**and**  
**BID OFTEN!**



# Sherwood Park's Pancake Breakfast

## Sherwood Park Club Show Pride in Progress on Canada Day and Raises Funds to Help Children.

For more than 25 years the Canadian Progress Club Sherwood Park has been hosting a pancake breakfast on Canada Day. This function is held at Broadmoor Lake Park and attracts more than 3000 persons every year. For the last two years we have used the day to end a loonie drive which held by placing coin boxes at merchants in the county from May 1st to Canada Day to raise funds to help meet children's needs



Cross section of the large crowd that was served.

Judy Grey president from the Strathcona Food Bank gladly accepted a check for \$1000 from Brian Alleyne of the Sherwood Park club. The cash donation came from the money raised from the loonie drive. Other organizations that will benefit from funds raised are Breakfast for Learning and Uncles and Aunts at large.

We think that hosting a pancake breakfast in our county on Canada Day is an excellent community service which allows our club members to show their pride in progress.

*Submitted by  
Sherwood Park*



Al and Joan flipping flapjacks



Brian Alleyne presents a check for \$1000 to Judy Grey from the Strathcona Food Bank

## Candidate for National President-Elect



Dear Fellow Progressians:

In September at National Convention I will be asking for your vote for National President Elect. I would like to tell you a little about myself.

I have been happily married for 31 years to Evan. We have 4 children (3 girls, 1 boy), 3 adorable grandchildren, 2 outstanding step-grandchildren.

Hobbies – reading, golf, Red Hat Beaches, family travel, dinner party group

My life outside of Progress:

Work full time as an Office Manager for Regina Catholic School System

Director of Research, Special Olympics Canada Board 2 years

Regina Beach Town Alderman –6 years

Lay Presider for St. Jerome Roman Catholic church Children's Liturgy

Teacher

Member of the William Booth Special Care Home/Regina Wascana Grace Hospice Community Council

Involved in local community associations

- o Founding Member of the Last Mountain Lake Cultural Centre
- o Lakeshore Museum Board
- o Local fundraising events

Personally Speaking

I have been known to be passionate about the things I do. I believe without passion there is no drive. The people I have met in Progress and many other areas I have worked in, that are successful at what they do, have passion. Of course, some passions are greater than others. I joined Progress because I attended a meeting where I saw that passion – that drive to do for others. I see that every time I attend a Progress meeting, regional meeting and especially convention. I see people with passion, fellow Progressians that I have met from all across Canada with a passion for what they believe in.

I was born into a family of 10 children. Like most families I know we did not have a lot

of material things growing up but what we did have a lot of was love and appreciation for life. We also have a sister with an intellectual disability. She was struck by a car at the age of 6 and suffered severe injuries. Now, in as much as that is a tragedy, the end result was a family who has spent our lives working to improve the lives of individuals with an intellectual disability. I hope never to see someone struggle to be accepted like she had to. We have come a long way since those days. God works in mysterious ways. I believe I was put here to do a job and that job was to be a small part of the success of Progress and my friends, we are a huge success.

Where do I want to see Progress go!

We are only as strong as our weakest link – and that in my opinion is profile. We have outstanding members who do outstanding deeds and raise outstanding amounts of money all across Canada that are known by only a small percentage of Canadians. I believe we need to increase our profile through a National advertising campaign. I commend the clubs that advertise their event and don't become complacent with selling tickets to the same old same old, but once the

## National President Elect Announcements cont.

event is over so is the advertising. I believe we need to combine our resources and use them to build a profile that will be very recognizable always and wherever we go. I plan to work diligently to this end.

As National President Elect it is the mandate of that position to work on increasing membership and I feel that membership building is a very club oriented chore. People join Progress for different reasons but after some research I have discovered most often that reason is because of the charity the club supports. I joined Progress because of that. I did not know a sole in Progress but because of

the charity I wanted to belong. Further to that, I know Progress offers more than just raising funds and doing community work and each club is specific in their interclub and social activities. Again, another reason some join a club. I would like to work alongside the National Vice Presidents and Zone Governors with individual clubs on structuring a campaign that would profile their club and entice someone to join their particular club.

I also believe strongly that we need to do a better job of retaining members and involving them at different levels of Progress (if not board members,

than committees to National positions). I will personally, if elected, be selecting advisors for the position of NPE and work towards a program of member retention and involvement.

With your support, I look forward to working on these challenges over the next year and then as President of this great organization.

I Believe in Progress, in Progressians!

I look forward to seeing you in St. John's

Janey Davies

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## New Club Charter of S.I.L.K.S.

**S.I.L.K.S. (Service in Love Kindness and Strength)** is the name of the new all female Canadian Progress Club that will be chartered on September 6, 2006.

The St. Albert Progress Club is supporting the sponsorship of this new Club, and its formation has been spearheaded by St. Albert member Dave Williams. Dave's vision, support, planning and co-ordination over the last 2 to 3 years will be realized with the start up of this

new chapter in September.

The Edmonton Club will have 20 Members to start, and will meet every second Wednesday starting in September. National President Bob Lockhart and President elect Terry Clarke will be in attendance at the dinner for the SILKS charter on the evening of September 6th to be held at the Italian Cultural Center at 14230-133 Ave in Edmonton. Tickets for the event are available at \$50.00 per person and may be ordered by

fax at 780-436-8593 or email [DFLORY@tri-stad.com](mailto:DFLORY@tri-stad.com).

Welcome all new Members.

Dan Villeneuve  
CPC St. Albert

## Notices and Bulletins



Please note that Progression will no longer be sent to each member, but will be sent to each club president for distribution. A link to the current issue will be sent via e-mail to all members and the issue may be downloaded or read on-line.

Have you checked the Member Communication System (MCS) lately to ensure that all of your information is accurate? Visit the Canadian Progress Club web site - <http://www.progressclub.ca/> - and ensure that your information is current and up to date.

Deadline for the next issue of the Progression will be October 15th. Please include photos in high quality jpeg format as well as captions for the photos. If you have any suggestions or questions, please send them to Gary Nakamura at [peripheralgroup@shaw.ca](mailto:peripheralgroup@shaw.ca).