



It's great to be Canadian / Soyons fiers d'être Canadiens!

NATIONAL NEWS

From the National President...



WOW! Summer is rapidly coming to an end and we are quickly coming up on our National Convention in Sherbrooke, Quebec. I am looking forward to seeing many of you there and it promises to be a truly great convention—terrific learning opportunities, chances to renew friendships, the sharing of ideas—and lots of FUN! The hospitality of Sherbrooke awaits you.

It is hard to believe that my term of office is rapidly coming to a close. It was a full year and I had the privilege of visiting every region of our beautiful country. The hospitality received at every visit was overwhelming and very much appreciated. The one lesson I did learn is that Progress is alive and well across Canada. Not that we can rest on our laurels!

In May, I had the pleasure of attending the first “Chair-ity” fund-raising event of CPC Pictou County. Their Adirondack chair auction and fashion show was a major success and it was great to see a new club, with a new idea, that was so successful.

A week later, I was winging my way West to Regina for the Great Plains AGM and 20th Anniversary of Regina Wascana. My congratulations go to Lyle Rogne in his election to National VP and to Brenda McBain as Zone Governor. In her role as editor of the *Progression On-Line*, she certainly showed her mettle! The hospitality was second to none, the meeting informative and active, and the celebration at the Aviation Club even better. My sincere thanks to Donna Peake and Janey Davies for fantastic insight into Regina.

From there, I was off to Vancouver for a joint meeting of the Vancouver Evergreens and Greater Vancouver. At the meeting, both clubs made presentations to each of the organizations they support and truly impressive was the long-term association they both had with these organizations. Their appreciation of the efforts of Vancouver Progressians was quite evident. My thanks go to Penny O'Rourke for being such a gracious host during my stay. Most appreciated and truly enjoyed.

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From Vancouver, I traveled back to Calgary for the mid-year meeting of the National Board. This was a very busy 2-day meeting in which we began to see the benefits of the efforts of the National Directors. A great deal of the Board's efforts you will see at the National Convention. However, of concern, is the lack of response to requests from the National Office. Over 50% of the Clubs nationally did not submit a census, making our job significantly more difficult. Thanks to those that reported on time and to the clubs that submitted their Club Rosters. These are needed to keep our records straight for effective communication.

Hopefully, after the National Convention, this problem will be solved for the most part. I am sure you will be impressed with the work led by Terry Clarke and Adrian Lomas on the development of our National website's Communications System and you should plan to have at least one member from every club attend their seminar. We are asking that each club appoint a Club Administrator to manage and keep up-to-date your Club information on the National website. This will be a benefit to all.

In mid-June I was fortunate enough to be able to attend the Central Region AGM and to spend a very enjoyable day with Progressians from the Ontario area. I had the honour of inducting the new Zone Governor for Ontario West/Metro Toronto Zone, John Holman, along with returning Zone Governor for Northern/East Ontario, Roy Urbach. Also, congratulations to Gary Kisil in his election to National VP. To all, I wish you success in the coming year. Following the very interesting meeting, there was a get-together at the CPC Durham South Club "house". Led by Bill Sornberger, the Durham South men should be very proud of their accomplishments relating to the improvements and with what is still to come in this park-like setting. If you get the opportunity, drop in for a visit.

After such a busy year, I decided a vacation was in order, so I took Arlene out to the Calgary Stampede. Idea was to have a relaxing vacation and take in some of the Progress events during Stampede. WHAT A GREAT PARTY! A rest, it was not, but very LARGE in the FUN FACTOR. From the Dogie Doo Rodeo to the three breakfasts (my apologies to Calgary Downtown, I just couldn't get out of bed on Thursday morning after the two previous days), it was a very full week. For anyone who has not had the pleasure of attending a Stampede the Progress way, make it a must. There are so many to thank for our absolutely great time in

Member Communication

The first iteration of the Member Communication System has gone into test and we are looking forward to showing the Progress family all of its useful features at the National Convention in Sherbrooke. There we will be delivering a general presentation to all convention attendees on features such as updating profiles, automatically generating club rosters, and quick links to helpful reports and email distribution lists.

Critical to the successful rollout of this capability will be an administrator from each club who can assist in setting up their club members in the system. We look forward to the workshops for administrators at this year's convention.

Each of you can contribute to the success of the rollout by updating your own profile in the system once it goes live.



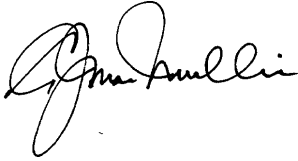
The screenshot shows the website for 'The Canadian Progress Club'. At the top, there is a navigation menu with links for Home, What's New, Convention, Club Development, Contact Info, Memorabilia, and Member Services. Below the menu is a search bar and a 'Log Out' button. The main content area is a form for updating a member's profile. It includes fields for Club, Name (First, Initial, Last), and address (Street 1, Street 2, City, Province, Country, Postal Code). There are also tabs for Home Info, Business Info, Personal Info, Progress Info, and Change Log.

Yours for Progress,
Terry Clarke & Adrian Lomas

Calgary, and the hospitality extended us. I would be remiss in not thanking Al & Carol Gordon for being our hosts for the better part of two weeks. A huge debt of gratitude!

Looking forward to seeing everyone in Sherbrooke.

Yours for Progress,



CJ MacMullin
National President

On the Campaign Trail: President-Elect, Juanita Soutar

Dear Fellow Progressians:

I trust you've all been enjoying your summer, despite the weather and other challenges that some of us have experienced the last couple of months. For example, those of us here in Ontario would have loved to be able to send some of our seemingly never-ending rain to our friends in the much-drier West. And, I'm putting the final touches on this article in the dark. Since the recent power blackout that affected most of Ontario and northeast parts of the U.S., our office building is doing its part to conserve energy, so half of the lights on our floor are turned off, including in my office. What will we be dealing with next, I wonder? It's a good thing we Canadians are a hardy and resilient bunch.

The good news is that our National Convention is just a few short weeks away and I'm looking forward to my first visit to Sherbrooke. I know that our friends in "la belle province" have been working very hard organizing another memorable convention for us all. I look forward to seeing all of my Progress friends again and hope to get to know those of you who I have not yet had the pleasure of meeting. I am running for President-Elect and will be seeking your support and approval at this convention.

Avril Armstrong introduced me to Progress in 1990. She was in the process of forming a new club and asked me to come out to an information meeting. At the time, I was interested in becoming involved with a volunteer and service organization, but the other more well known associations didn't seem to "fit" what I was looking for. After spending just a little time with Avril and the other Progressians in attendance that evening, I quickly realized that this was a club I could enjoy being a part of. I filled out the membership application form and was inducted as a charter member of Edmonton Strathcona in November.

My job with TD Waterhouse has transferred me across Canada and partway back again—first of all, from Edmonton to Halifax in 1995 and then to Toronto in 1997, where I still reside. One of the many up-sides to this is that I've had the wonderful opportunity to be a member of four different Progress clubs over the years—Edmonton Strathcona, Halifax Citadel, Pickering-Ajax Women (now Durham Region Women) and now Toronto Trillium. I've had the honour and pleasure of serving as Club President four times—in Edmonton, Halifax (twice) and Charter President of Toronto Trillium—and have been a member of the National Board for the past four years. In 1999, I was elected as Ontario West and Metro Toronto Zone Governor, a position I

held until June of this year. I am also currently the National Vice President for the Central Region, a position I've held since February of 2002.

My involvement with Progress over the past 13 years has given me the chance to meet a lot of great people and gain a wealth of personal and organizational experience. By attending and participating in numerous meetings of various clubs, zones, regions and national boards across Canada, I've learned that we all do things just a little differently than the others, and have our own unique successes and challenges. I've been impressed and moved by the resourcefulness, ambition, spirit, and passion for the fundraising and community service work that we all do, and awed by the enthusiasm—and endurance—of our members at our social events and regional and national conventions.

The first year with a reorganized National Board, which now includes four directors who hold key responsibilities within our club, is almost complete. Our Communications, Public Relations, Education, and Member Services Directors, along with the rest of the Board, and with the help of a number of other members across Canada, have worked hard this year to meet the increasingly challenging needs of the Progress organization and its members. We have been successful in meeting, and in some cases, exceeding most of the goals that were set a year ago. Your ongoing input, feedback and involvement is essential and encouraged, to ensure that Progress remains a viable and successful organization and is able to continue to do all the great work we do to support Special Olympics and to meet our clubs' local commitments. As President-Elect, I look forward to continuing to work with you and the Board to build on our successes and find effective solutions for the challenges that our club faces.

I've attended every national convention since the Bow River Boys hosted it in Calgary back in 1992 and each year I meet new people, discover creative new ideas, and return home with renewed energy and excitement for the next year in Progress. If you've never attended a national convention before or haven't yet registered to attend Sherbrooke, I encourage you to do so soon. I'm sure you'll find it to be a very rewarding experience.

I look forward to your support in Sherbrooke and hope to see you all there. Merci beaucoup, mes amis (es).

Yours for Progress,
Juanita Soutar

In Memoriam

**After a brief fight with cancer,
Karen McNaughton passed away on Monday, August the 4th.**

Karen was a past member of Calgary Uptown and a past Club President of Calgary Fish Creek. Her husband Corey McNaughton was a member of Stampede City for many years. They were both, very active and respected Progressians.

Karen will be very deeply missed.

—Wolfgang Juchem

CPCF



CANADIAN PROGRESS CHARITABLE FOUNDATION

Hello my fellow Progressians,

Here it is only a few short weeks until convention. Where has the year gone? The CPCF Governors have been working hard over the past several months to ensure that we have fulfilled our obligations to you, our supporters.

We are presently reviewing the submissions we received from our call for service organizations to present at the 2003 National Convention in Sherbrooke. The call went out through the Charity Village website as well as an e-mail newsletter to 165 organizations in Canada. As promised, we will have three organizations present at the Annual General Meeting on Saturday.

The criteria for submission was established based on our "Letters Patent" which contains the following:

"...to receive and maintain a fund or funds and to apply the income and capital thereof from time to time for charitable activities in more than one (1) province of Canada, and in particular, but without limiting the generality of the foregoing, to apply the said income and capital for the establishment, maintenance and upkeep of sheltered workshops wherein physically or mentally handicapped persons may be supported, trained and rehabilitated, and for providing or assisting in providing and maintaining habitations wherein such persons may reside and be cared for".

We have also been working on reviewing our bylaws and bringing them up to date, re-writing our operational manual, reviewing our investment policy and strategies and of course organizing everything necessary for a successful convention which includes our meetings, luncheon and silent auction room.

On behalf of the Board I would like to thank you for your continued support and look forward to seeing you in Sherbrooke.

I would also like to thank you in advance for your donations to the CPCF Silent Auction.

Yours for Progress,

Janey Davies
CPCF Chair

NEWS FROM ACROSS THE COUNTRY

REGINA ASSINIBOINE

‘Creativity & Culture’ Journey Across Canada

CPC Regina Assiniboine’s upcoming community involvement venture is “Creativity and Culture”, an after school arts and crafts program for the children of the Core area of our city.

This program ran successfully last year, providing a fun learning experience for a total of 565 children. However, due to lack of funding, the Core Community Association will not be able to run the program again in the fall. With our club’s mandate being to assist children, we are looking to resurrect this program with support from Progress clubs across Canada.

It is our intention to operate “Creativity and Culture” for nine weeks, starting October 7th. As a group, we will take the children on a journey across Canada, providing information on each of the provinces; as well as spending time on crafts and activities that reflect the province we are visiting that week.

We would ask that you consider donating supplies indicative and unique to your province. Supplies might include small provincial flags, trading cards from a sport team, postcard pictures depicting the historical sites of the province, etc. We may have up to 40 children each week, however any number of supplies would be gladly accepted.

An activity on our “wish list” is to have the children exchange postcards with another children’s group from somewhere within Canada. If you know of any group, or your club is involved with a children’s group that may be interested, please contact either Marci Brisbane or Val Rankin at the e-mail addresses listed below.

Thank you for your time and consideration—together we can make a difference!

CPC Regina Assiniboine

Contacts:

valerie.rankin@eds.com or dbrisbourne@cableregina.com

HALIFAX-CORNWALLIS

August. What a month for misconnecting. Vacations and long weekends are the main culprits. I work for a regional business magazine (ironically, called Progress) and I suffer through the doldrums of August every year, making call after call to magazine advertisers to get their advertising material in on time to meet deadline. I get voice mail messages telling me the party is on vacation and will be back in two weeks. It is much the same with Progress Club reporters. My email requests for reports resulted in but one response, from our newest club, Greater Moncton Women. (And a few lines from Halifax-Cornwallis, written by yours truly.) Of course,

CONVENTION 2003

The Road to Sherbrooke

Submitted Brenda Mahoney
National Director of Education

French 101 (Lesson Two)

It won't be long now! How are the French lessons going? Here are a few more phrases to assist you in your preparation for this year's convention in Sherbrooke. Once again, the format is simple. The English version is presented first, then the French version and finally the phrase is presented phonetically. Again, good luck or "bonne chance"!

ENGLISH	FRENCH	PHONETICS
Where is the meeting?	Ou est la reunion d'affaires?	Oo ay la ray union da fair
What time is it?	Quelle heure est-il?	Kell ur ay til
I want to go shopping.	Je voudrai faire du shopping.	Je voo dray fair du shopping
Take the bus	Prenez l'autobus	Pren ay loto boos
Turn right	Tournez a droite	Turn ay a dwoit
Turn left	Tournez a gauche	Turn ay a gosh
Would you like to dance?	Voulez vous danser?	Voo lay voo dance eh
Would you like a drink?	Voulez vous une boisson?	Voo lay vooz oon bwa son
Do you have any aspirins?	Avez vous les aspirines?	Av ay voo lay aspireens
I have a headache	J'ai mal a la tete.	Jay mal a la tet
Convention virgin	La vierge du conference	La vee airge du conference

Registration and Accommodation

Sherbrooke 2003
Where rivers flow
and imagination overflows



September 17th – 21st, 2003 Sherbrooke, Quebec

For more information about next year's National Convention, visit CPC Sherbrooke's website at www.cpcsherbrooke.com. Registration forms are available on-line. Don't delay—register today!

Don't forget to book your reservations at the Delta Hotel for only \$99.00 per night or call 1-800-268-1133 code no.: G2335.

THE LAST WORD

See you
in Sherbrooke!



This really is my Last Word!

It has been a great privilege being the editor of the Progression, a national newsletter for the Canadian Progress Club. When Bill Sornberger and Al Gordon asked me to take on the challenge two short years ago, I didn't think I was the best person for the job, but decided to give it a "go". Plunging headlong into uncharted territory for me, the "new" Progression On-Line appeared on the CPC website. At this time I would like to thank Barb Clarke for her "behind-the-scenes" guidance, her patience and for getting the newsletter onto the website in its classy presentation. Thank you to Bill, CJ, Al and Sharon for believing in the product and assisting. Thank you to the regional reporters who assisted by submitting the information and thanks to all members who contributed.

I (among others) still miss the glossy paper edition we received by snail mail that I could read leisurely at the kitchen table with my morning coffee but alas, the computer technology is definitely the way to go. Director of Communications, Sharon Ward, has plans and new ideas for keeping the flow of information at the fingertips of the membership. Her

expertise in the publishing industry will be of great value to our organization.

Yours for Progress,
Brenda



The Progression is the official publication of the Canadian Progress Club National. It is published expressly to inform, educate and involve Progressians in the Association's service activities, programs and policies. Opinions [and content] expressed in articles are those of the writer and not necessarily those of the Canadian Progress Club National office or staff. The Canadian Progress Club is an all-Canadian Service Club devoted to aiding and assisting those in need and servicing the best interests of the community. Material for publication in the Progression should be sent to the editor.

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