



CPC Halifax Cornwallis BULLETIN

FALL, 2011



Our ladies at Dreamscape 2011.

We had eight members attend Rock Around the Clock - Remembering the 50s - on May 6th in support of Phoenix Youth Programs - one of Canadian Progress Club Halifax Cornwallis's chosen charities.

A great time, a great cause!

The CPC Halifax Cornwallis ladies gathered at the home of Allison Edwards for a sunny afternoon High Tea with all the associated glam and regalia. Everyone enjoyed the crumpets and jam, scones and sweets.

Hats off, ladies!



What We've Been Up To

The summer of 2011 was a busy one for the members of CPC Halifax Cornwallis.

Committee members met all summer long for Women of Excellence, sorting through nominations, securing sponsors and coordinating the auction and venue. Many hours were also spent getting ready for the strategic planning session in September.

On the volunteer front, we were no less busy with members

helping out at a variety of events including cooking dinners for ARK and organizing and helping host a Special Olympics dance on July 16th. We filled baskets for Phoenix youth moving into their own dwellings and five members attended the Homebridge Youth Society AGM.

On a social note, there were lots of opportunities to stay in touch. A Sunday afternoon on the golf course appealed to some while others enjoyed the Mellotones at the Shore

Club in Hubbards.

All in all, our members stayed active over the summer of 2011 even without regularly scheduled meetings.



AGM 2011

The Annual General Meeting of CPC Halifax Cornwallis was held on June 16th at The Taproom.

The evening saw the review of the year past both in terms of numbers and memories with a great slide show put together by our chair of House & History.

New committee chairs were introduced and committee members recruited.

Five new members were inducted that evening: Carys Burgess, Rhonda Harrington, Vanessa Jones, Laura Simmons and Wanda Wilson.

2010-2011 was a very successful year of re-defining and rebuilding and 2011-2012 looks equally as promising.



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Progress Halifax Cornwallis

Member Profile

Michele Bourgeois

Club Secretary
CPC Halifax Cornwallis



I've been a member of the Canadian Progress Club Halifax Cornwallis since 1995.

I'm a sales officer with the Tourism Division at Nova Scotia Department of Economic & Rural Development & Tourism . . . translated into non-government language, that means I work with the travel trade (tour operators, travel agents, etc.) to increase visitation to Nova Scotia through those channels.

My hometown is Pictou, NS but I currently live in Dartmouth.

My interests include traveling and I have recently renewed my interest in getting back in shape. I'm a huge animal lover (particularly dogs!), and of course, Progress is one of my greatest interests!

My personal life ambition is to see and experience as much of the world as I possibly can before I leave it ... The top of my "bucket list" at the moment is the Tour de France (as a spectator, not a participant!)

Strategic Planning 2011

Values. Direction. Focus. These were some of the objectives of eighteen members of the Canadian Progress Club Halifax-Cornwallis when they met for a strategic planning session on September 24th.

It is the practice that a strategic plan should be outlined and implemented on a regular basis of every five years.

During the summer of 2011, all Club members were asked to complete a survey online. The purpose of the survey was to provide all members with the opportunity to share their values and opinions, and to start the members thinking about where they envision the Club heading in terms of charities, events and membership. Of the 40 active members, 37 completed the survey. The results of the survey formed the basis for the strategic planning session.

The planning session started with an appreciative inquiry; a process where questions were asked of individual members with the responses including inspiring life examples and an examination of what is already working well in the club. It identifies where the energy lies so the participants can build on those strengths and energies and envision the future of the Club.

After having individual discussions, groups were formed to talk about the essence of the interviews. The model used for the discussions was the SOAR model; the interviews' strengths, opportunities, aspirations and resulting themes were explored. The four most prominent themes of the essence were identified, thereby encompassing the most important and relevant thoughts and hopes of the individual members of the group.

Using the input of the entire group, the strongest themes were identified and visualized. Then each group formulated a provocative proposition - a statement in present tense that would provoke action. These statements form our strategic directions.

Using the provocative propositions as a basis, members dispersed into the group of their choice to develop the theme into a course of action. Each group prepared a theme-based Design Group Report and these reports provide the basis

for the following strategic directions: focused business planning, branding, integrated planning, and membership engagement.

CPC Halifax-Cornwallis now has a basis for direction for the next five years; each group identified priority areas of development and the relevant committees will use those recommendations to map tactics that will help these objectives be met.

Collectively, the members of CPC Halifax-Cornwallis are a passionate, hard-working and dedicated group; a group that now has the blueprint to be more organized, more productive and able to give even more to their charities of choice and to women, children and youth in the community who need support.



**Facebook: 250
friends and growing!**



Remember to update your Profile on the Canadian Progress Club Member Communication System. Here's how to get there:

The National Website can be accessed at www.progressclub.ca, and once you are entered by Jana, you will find a listing in your Bookmarks, called "Home". This will be your shortcut to the National Website.

Once you have your user id and password, you can log in. Click on MCS Main Page, then My Profile. Please check your information there and make any changes necessary. Sharon Ward can help if you need it!

Make a Wish Golf Tournament



On September 14th, four members of CPC Halifax volunteered their time for the Make A Wish golf tournament at Sherwood Golf Club in Chester, helping raise over \$43,000.



Laing House Charity Ball October 22nd

Relinquishing their Saturday night, four members of our club volunteered at the Laing House Charity Ball at the Cunard Centre. No one said we can't have fun and serve our community at the same time!



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Member Profile

Vanessa Burns



I was inducted in December 2010.

I am a Managed Print Services Consultant with Datarite, a local business based in Burnside. Managed Print is designed to streamline management and minimize costs associated with printing and imaging. Managed Print Services helps to cut ownership costs, enhance productivity and reduce energy consumption.

The best part of my job is listening to my clients and giving them the best possible customer service experience.

My hometown is Halifax NS

I'm interested in living a healthy lifestyle, being the best mother I can be to my two beautiful daughters Olivia and Lily and of course cheering for The Montreal Canadiens. I also enjoy music, dancing (even in the grocery store aisle) and spending time with friends.

Each and every day I strive to live life to the fullest and make at least one person laugh.

Volunteers from CPC Halifax-Cornwallis were out in the community helping to collect money for Make-A-Wish Foundation. In the span of 4 hours, \$14,498 was raised from collecting change along with phone and text donations. In this picture are fellow progressions Pam Mountain and Allison Edwards at the Kempt. Rd. interchange!

- submitted by Kathy Grose





National Convention 2011

This year's National Convention was held in Regina the last weekend in September.

Three members of CPC Halifax-Connwallis made the trek: Tanya Ozard, Sharon Ward and Joyce McRoberts.



Unable to attend but receiving nominations for national awards were Kathy Grose for Progression of the Year and Pat Ellsworth for Outstanding New Member. Congratulations, ladies!



Our club was honoured this year when Tanya Ozard received the Outstanding President's Award. She also received the Builders Award for all the great strides our club has made in the past year. Congratulations!



CPC Halifax was also recognized nationally with Conrad Coughlan winning the Outstanding President's Award and the club receiving the National Communication Award. Kudos to the men's club!

